



Child Functioning Inventory (HIGH)

The assessment was completed on Wednesday, 10 August 2022

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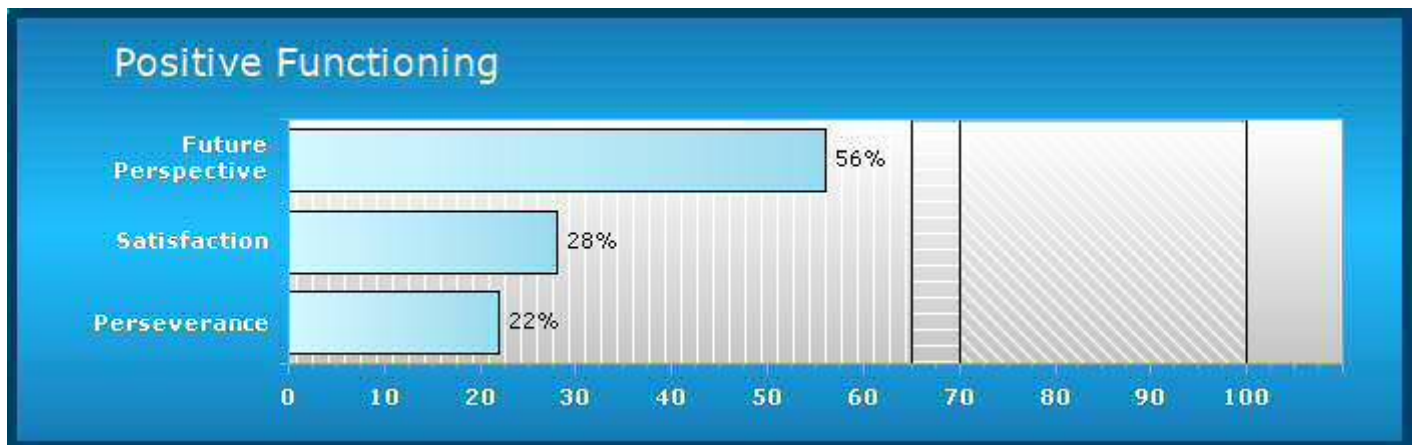
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Positive Functioning



Positive Functioning:

0% - 65% : Under activated.

66% - 70% : Warning area.

71% - 100% : Optimally activated.

Positive Functioning Descriptive

Positive Functioning

Future Perspective (56%)

Under Activated: you lost hope and are therefore pessimistic about your future. You find it difficult to keep calm and focus on the negative elements in your circumstances. An optimistic approach towards one's circumstances and future is central to personal development.

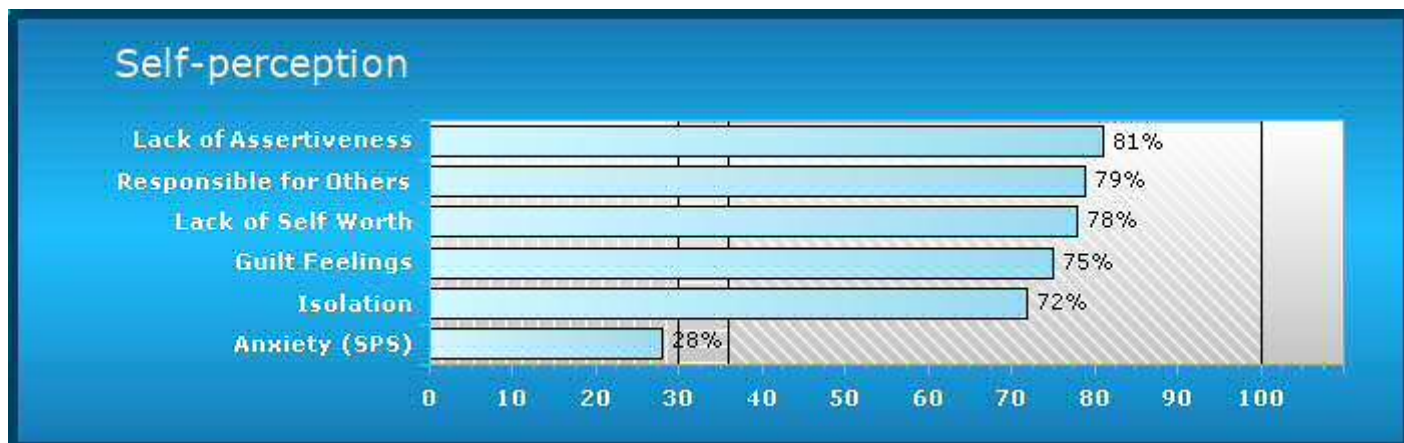
Satisfaction (28%)

Under Activated: you lack the following: satisfaction, happiness, friendliness and peace of mind.

Perseverance (22%)

Under Activated: you lack the following skills: goal setting, self-motivation, desire to grow and improve, perseverance to complete difficult or tedious tasks, thoroughness and taking responsibility for one's behaviour and success.

Self-Perception



Self-Perception:

0% - 30% : Optimally activated.

31% - 36% : Warning area.

37% - 100% : Over activated.

Self-Perception Descriptive

Self-perception

Lack of Assertiveness (81%)

Over Activated: you act with a lack of assertiveness. Assertiveness is essential for progress and growth in any relationship. We recommend a consultation with a professional counselor. In cooperation with professional advice, decide on a strategy and follow it wholeheartedly.

Responsible for Others (79%)

Over Activated: the following elements are present in your functioning: you feel responsible for other's happiness and try to keep them out of trouble.

Lack of Self Worth (78%)

Over Activated: you need to develop the following very important trademarks of a person with a good self-esteem: be thankful for who you are, experience yourself as someone important and special, feel good about yourself, feel loved, respected and needed. Developing the necessary skills to manage your self-esteem to the full is an important step to personal fulfillment.

Guilt Feelings (75%)

Over Activated: you do not manage yourself responsibly and accept blame for everything that goes wrong. You feel that you deserve punishment and allow guilt feelings to control your life.

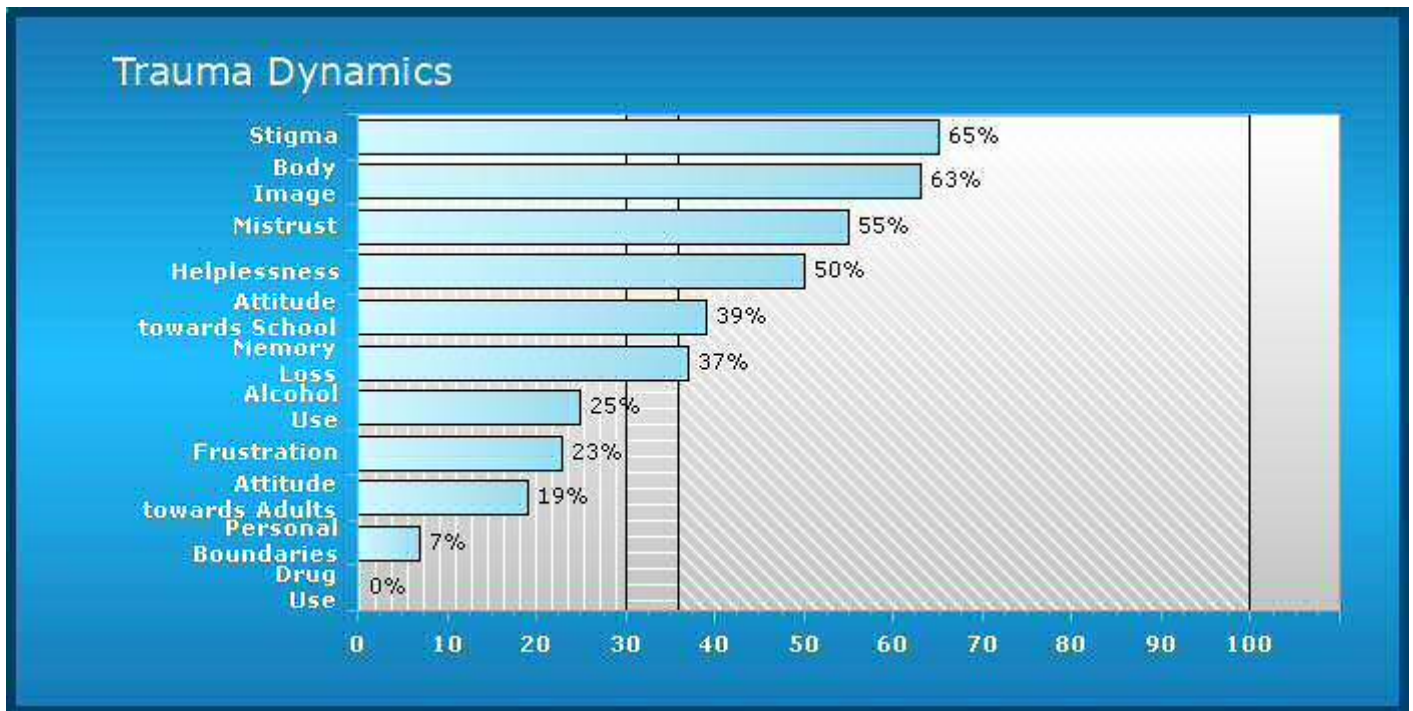
Isolation (72%)

Over Activated: you own the following elements with regard to isolation: you find it difficult to tell other people how you feel and you like to be alone.

Anxiety (SPS) (28%)

Optimally Activated: you experience security in your relationships and are not afraid that you will be hurt emotionally. You do not feel threatened by your circumstances and are not afraid of the future. You do not fear failure and rejection.

Trauma Dynamics



Trauma Dynamics:

0% - 30% : Optimally activated.

31% -36% : Warning area.

37% - 100% : Over activated.

Trauma Dynamics Descriptive

Trauma Dynamics

Stigma (65%)

Over Activated: you experience yourself as different from others children.

Body Image (63%)

Over Activated: you have a negative body image and do not feel good about yourself.

Mistrust (55%)

Over Activated: you find it difficult to trust other people.

Helplessness (50%)

Over Activated: you experience that whatever you do, does not matter, because there is no way in which you can control the environmental forces in life. Your inner experiences are negative. The following emotions form part of your inner feelings: rejection, downheartedness, uselessness, powerlessness, isolation and senselessness.

Attitude towards School (39%)

Over Activated: school is unpleasant to you and you easily get into trouble at school.

Memory Loss (37%)

Over Activated: you find it difficult to remember things.

Alcohol Use (25%)

Optimally Activated: you are a responsible alcohol user / or do not use alcohol at all. Although the use of alcohol is a very personal matter, the abuse of it may cause work and relationship related problems. Since alcohol use is a sensitive issue, exercise the greatest carefulness not to abuse it.

Frustration (23%)

Optimally Activated: it seems that you manage your inner feelings of frustration responsibly. You manage the prevention of goal-directed activities as the result of problems in yourself and your environment and you do not allow it to prevent you from achieving your goals in life. You manage experiences like anger, frustration, irritation, impatience, bitterness and suspicion in a responsible way.

Attitude towards Adults (19%)

Optimally Activated: your attitude towards adults is positive. Keep on to maintain your attitude towards adults and address problems as soon as they arise.

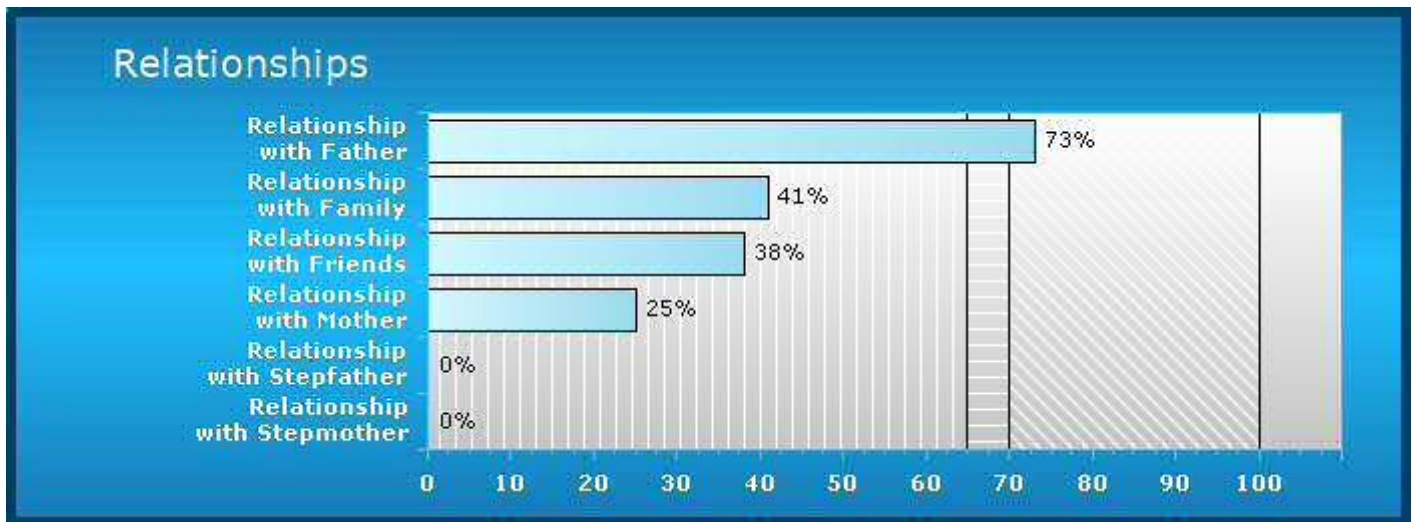
Personal Boundaries (7%)

Optimally Activated: you respect other's privacy/personal boundaries. Keep on to maintain this and make the most of every opportunity to manage your own boundaries.

Drug Use (0%)

Optimally Activated: you are a responsible drug user / or do not use drugs at all. Although the use of drugs is a very personal matter, the abuse of it may cause work and relationship related problems. Since drug use is a sensitive issue, exercise the greatest carefulness not to abuse drugs.

Relationships



Relationships:

0% - 65% : Under activated.

66% - 70% : Warning area.

71% - 100% : Optimally activated.

Relationships Descriptive

Relationships

Relationship with Father (73%)

Optimally Activated: You share your secrets and feelings with your father. You spend time with your father and you have fun together. You do not feel angry when you think of your father and you feel that your father understands you.

Relationship with Family (41%)

Under activated: You feel alone at home and you feel sad when you are with your family. You cannot share your feelings and secrets with your family members and you cannot be honest with them. Your family does not spend time together.

Relationship with Friends (38%)

Under activated: You do not like your friends and you do not have fun together. You can't be honest with your friends or share your secrets with each other.

Relationship with Mother (25%)

Under activated: You do not share your secrets and feelings with your mother. You do not spend time with your mother and you do not have fun together. You feel angry when you think of your mother and you feel that your mother does not understand you.

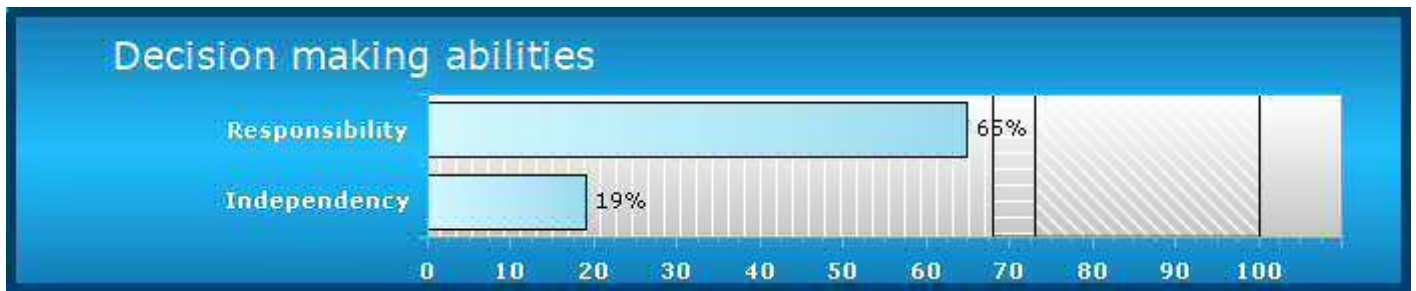
Relationship with Stepfather (0%)

Under activated: You do not share your secrets and feelings with your stepfather. You do not spend time with your stepfather and you do not have fun together. You feel angry when you think of your father and you feel that your stepfather does not understand you.

Relationship with Stepmother (0%)

Under activated: You do not share your secrets and feelings with your stepmother. You do not spend time with your stepmother and you do not have fun together. You feel angry when you think of your stepmother and you feel that your stepmother does not understand you.

Decision making



Decision making:

0% - 67% : Under activated.

68% - 72% : Warning area.

73% - 100% : Optimally activated.

Decision making Descriptive

Decision making abilities

Responsibility (65%)

Under Activated: you prefer situations where you can depend on someone else's ability. Your ability to handle difficult situations is poor and you avoid learning new things when they seem too hard for you. This can be due to a wide variety of factors, and we recommend that you discuss these with a professional counselor, since this can have a negative impact on your functioning as well as on your career planning.

Independency (19%)

Under Activated: in your family you are not allowed to decide for yourself and to do the things you like doing. Your parents try control whom you mix with and are overprotective of you. We recommend that you discuss these with a professional counselor, since this can have a negative impact on your functioning as well as on your career planning.

Interpretation of Client 2's CFI-HIGH

The **Child Functioning Inventory (High School)** assesses functioning in five core domains:

- Positive Functioning
- Self-Perception
- Trauma Dynamics
- Relationships
- Decision-Making Ability

Each subscale score ranges **0–100%**, with clinical meaning based on cutting ranges.

1. Overall Clinical Picture

Client 2 presents with a **significantly vulnerable psychological profile** characterised by:

Very low **positive functioning**

Strongly **disturbed self-perception and self-esteem**

Multiple **trauma-related internal experiences**

Severe **relationship disconnection (especially maternal / peer system)**

Low independence and responsibility readiness

At the same time:

He shows **protective strengths**:

- Low anxiety
- Positive attitude towards adults
- No substance risk indicators
- Good relationship with father

This combination suggests:

An emotionally wounded but not behaviourally disorganised adolescent.

He internalises distress rather than acting out.

2. Section A — Positive Functioning (Severely Under-Activated)

Scores:

- Perseverance: **22%**
- Satisfaction: **28%**
- Future Perspective: **56%**

All are **clinically under-activated**.

Interpretation

Client 2 shows:

- Low motivation and task persistence
- Limited enjoyment of life
- Hopeless or pessimistic future orientation

This pattern is often seen in:

- Depressive cognition
- Learned helplessness
- Chronic emotional invalidation
- Trauma-related shutdown

Clinical Meaning

He is likely functioning in a **survival mode mindset** rather than a growth mindset.

3. Section B — Self-Perception (Severely Over-Activated)

Very high clinical scores:

- Lack of assertiveness: **81%**
- Responsible for others: **79%**
- Lack of self-worth: **78%**
- Guilt feelings: **75%**
- Isolation: **72%**

Only **Anxiety = 28% (healthy)**.

Interpretation

This is a **classic internalising identity structure**:

Client 2 likely experiences:

- Parentified responsibility
- Emotional over-compliance
- Self-blame patterns
- Fear of rejection → withdrawal
- Deep insecurity about personal worth

Yet:

He is **not fear-driven** (low anxiety), which suggests:

His distress is more **existential / relational / identity-based** rather than panic-based.

4. Section C — Trauma Dynamics (Moderately to Strongly Over-Activated)

Elevated trauma indicators:

- Stigma: **65%**
- Body image disturbance: **63%**
- Mistrust: **55%**
- Helplessness: **50%**
- School problems: **39%**
- Memory difficulty: **37%**

Healthy areas:

- Frustration tolerance
- Positive attitude towards adults
- Personal boundaries intact
- No substance risks

Interpretation

This suggests:

- A **chronic emotional injury profile**, not acute behavioural trauma
- Identity shame (“I am different”)
- Low agency (“Nothing I do matters”)
- Social distrust

Memory issues may reflect:

- Cognitive overload
- Emotional preoccupation
- Possible depressive attentional narrowing

5. Section D — Relationships (Severely Under-Activated Systemically)

Healthy:

- Relationship with father: **73%**

Clinically concerning:

- Relationship with mother: **25%**
- Friends: **38%**
- Family: **41%**
- Stepparents: **0%** (very strong rejection / disconnection indicators)

Interpretation

This is one of the **most critical areas**.

The profile suggests:

- Emotional alienation in home system
- Possible attachment rupture with maternal figure
- Limited peer bonding capacity
- Feeling unseen / misunderstood

Father likely functions as:

Primary attachment stabiliser / safe relational anchor.

6. Section E — Decision-Making Ability (Under-Activated)

- Responsibility: **65%**
- Independence: **19%**

Interpretation:

Client 2 may:

- Avoid challenge
- Depend heavily on others
- Feel controlled or over-protected
- Lack confidence in autonomous functioning

This has **direct implications for career development readiness.**

7. Integrated Clinical Formulation

Client 2's profile is most consistent with:

Core Themes

- Low self-worth identity structure
- Relational deprivation / emotional loneliness
- Parentification guilt dynamics
- Shame-based self-concept
- Reduced future agency
- Withdrawal coping style

Protective Factors

- Stable paternal bond
 - Low anxiety baseline
 - No substance vulnerability
 - Positive adult trust capacity
 - Good frustration regulation
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8. Intervention Priorities (Very Important)

Phase 1 — Stabilisation

- Emotional safety building
- Strengthening paternal relational support
- Addressing shame narratives
- Building basic self-worth experiences

Phase 2 — Identity Development

- Assertiveness training
- Responsibility restructuring
- Autonomy coaching
- Future orientation work

Phase 3 — Relational Repair

- Family system work (especially maternal dynamic)
- Peer connection skills
- Trust rebuilding

Final Clinical Summary

Client 2 is not primarily a behavioural risk adolescent.

He is a **deeply internally struggling adolescent with significant relational pain and identity insecurity**, but with meaningful protective relational and emotional regulation strengths.

This means:

With **targeted therapeutic intervention**, prognosis can be **very good**.
